

COOL BEANS
THERAPY CLUBHOUSE

Erin R. Crome, MOT, OTR/L
www.coolbeanstherapyclubhouse.com

I CAN DO ANYTHING I SET MY
MIND TO IF I NEVER GIVE UP
AND KEEP TRYING!

G	A	I	N	C	A	I	Y	G	A	R	N
I	N	C	A	N	D	O	B	H	I	Y	D
T	G	D	O	H	S	A	M	E	N	G	B
O	N	H	D	G	F	N	Y	T	H	F	E
S	T	B	V	K	P	I	U	K	I	P	K
O	P	O	T	D	Y	P	B	P	N	G	Y
E	N	I	B	N	V	M	T	E	S	I	M
U	I	F	R	I	M	Y	P	H	N	G	G
P	N	B	E	S	V	F	N	D	K	E	N
K	E	V	P	F	C	P	A	T	P	E	I
E	Y	E	I	V	E	U	E	M	T	R	Y
N	S	R	G	F	K	R	B	I	O	A	V

*Search for the positive self-talk statement written above. Keep track of where you are by connecting the letters with a highlighter, marker, or pencil. Look left to right, right to left, top to bottom, and bottom to top. Words will not be diagonal, but they might be found changing directions in the middle of the word.